



**Integrated Art**

## System change transformation of healthcare

### **Reinhardt Stefan Tomek<sup>1, 2</sup>**

<sup>1</sup>CEO & Head of The Board of Directors, Integrated ART I Holding AG, Ludwigshöheweg 30, 12559 Berlin, Germany, [INtegratedART\\_Tomek@email.de](mailto:INtegratedART_Tomek@email.de), +49 30 303665910, +49 151 41252560

<sup>2</sup>Ecowellness Health Management Ltd., Alserstraße 47, 1080 Vienna, Austria, +43 664 3820404, [rst@ecowellness.eu](mailto:rst@ecowellness.eu), [www.ecowellness.eu](http://www.ecowellness.eu), [www.iqc4.health.news](http://www.iqc4.health.news), [www.gastinag.at](http://www.gastinag.at)

### **Regina Richter<sup>3, 4</sup>**

<sup>3</sup>Integrated ART I Holding AG, Ludwigshöheweg 30, 12559 Berlin, Germany, [INtegratedART\\_Richter@email.de](mailto:INtegratedART_Richter@email.de), +49 30 303665910, +49 151 41252560

<sup>4</sup>Ecowellness Health Management Ltd., Alserstraße 47, 1080 Vienna, Austria, [r.richter@oekowellness.de](mailto:r.richter@oekowellness.de), +43 664 3820404, [www.ecowellness.eu](http://www.ecowellness.eu), [www.iqc4.health.news](http://www.iqc4.health.news), [www.gastinag.at](http://www.gastinag.at)

### **Andreas Michalsen<sup>5</sup>**

<sup>5</sup>Chief physician at the Department of Naturopathy, Institute of Social Medicine, Epidemiology and Health Economics, Charité - Immanuel Krankenhaus Berlin, Am Kleinen Wannsee, 14109 Berlin, Germany, +49 30 8050 5691, +49 30 8050 5692, [Andreas.Michalsen@immanuelalbertinen.de](mailto:Andreas.Michalsen@immanuelalbertinen.de),

[https://epidemiologie.charite.de/en/metas/person\\_detail/person/address\\_detail/michalsen/](https://epidemiologie.charite.de/en/metas/person_detail/person/address_detail/michalsen/)

### **Julia M. Puaschunder<sup>6, 7</sup>**

<sup>6</sup>The New School, Department of Economics, Eugene Lang College, 6 East 16<sup>th</sup> Street, 9<sup>th</sup> floor 89, New York, NY 10003, USA, [Julia.Puaschunder@newschool.edu](mailto:Julia.Puaschunder@newschool.edu), T 001 212 229 5700, F 001 212 229 5724, [www.juliampuaschunder.com](http://www.juliampuaschunder.com)

<sup>7</sup>Columbia University, Graduate School of Arts and Sciences, [Julia.Puaschunder@columbia.edu](mailto:Julia.Puaschunder@columbia.edu), <http://blogs.cuit.columbia.edu/jmp2265>

### **Wolfgang Rohrbach<sup>9, 10</sup>**

<sup>9</sup>Modern Business School in Belgrade, Terazije 27, IV sprat, Beograd 11103, Serbia, [wolfgang.rohrbach.g@gmail.com](mailto:wolfgang.rohrbach.g@gmail.com), <https://centarzaosiguranje.com/wp-content/uploads/2019/06/wolfgang-rohrbach.pdf>

<sup>10</sup>European Academy of Science and Arts, Salzburg, Austria, European Union

### **Jürgen Vormann<sup>11</sup>**

<sup>11</sup>Institute for Prevention and Nutrition (IPEV), Adalperostraße 37, 85737 Ismaning/Munich, Germany, European Union, [vormann@ipev.de](mailto:vormann@ipev.de), <https://www.researchgate.net/profile/Juergen-Vormann/8>

### **Wolfgang Rehak<sup>12</sup>**

<sup>12</sup>Institute for Prevention and Nutrition (IPEV), Rudower Chaussee 29, 12489 Berlin, Germany, European Union, [rehak@rehak-consulting.de](mailto:rehak@rehak-consulting.de), <https://www.iosi.global/team/wolfgang-rehak/>

### **Jürgen Grimm<sup>13</sup>**

<sup>13</sup>Professor, Department of Communication, Faculty of Social Science, University of Vienna, Universitätsring 1, 1010 Vienna, Austria, European Union, T +43 1 4277 49311, F +43 1 4277 849311, [Juergen.Grimm@univie.ac.at](mailto:Juergen.Grimm@univie.ac.at), <https://publizistik.univie.ac.at/institut/mitarbeiterinnen-mitarbeiter/professoren-im-ruhestand/grimm-juergen/>

**Abstract:** Following the call of the Foundation of the World Economic Forum (WEF) and its founder Klaus Schwab for a System-RESET, researchers are currently searching for concrete strategies to instigate system changes to alleviate the currently ongoing Coronavirus pandemic and avert climatic threats to our society.

Only an immediate transformation of the health system – based on the promotion of diagnostics of the microbiome, nutrigenetics, holistic nutritional and modern blood analyses and their interaction in a synergy balance that also integrates environmental influences, social factors and irrational heterodox approaches – can bring about personalized prevention and large-scale salutogenesis needed today more than ever. The ability of doctors and clinics, but also the support of responsible employers – from large corporations to medium-sized companies to small enterprises – to implement salutogenic prevention in the working community culture should also be guided by the government to support long-term oriented companies with subsidies for far-sighted prevention and whole-rounded healthcare.

Above all, in light of the potential COVID-infection long-term effects, a forward-looking focus with attention to the non-specific immune system and harmony with the environment can avoid further external stressors and weather-related problems, especially in the "adaptation to stress" related to climate extremes. The promotion of general healthcare of the future could encourage citizens in their self-determination and bestow human with dignity within the framework of health care, preventive protection and general salutogenesis in the egalitarian access to a common good of general health and well-being through a reformed general healthcare system in harmony with the environment. Clients and patients gain decision-making quality, maturity and dignity when the health system promotes individualized prevention and holistic salutogenesis in harmony with the environment.

Overall, the coronavirus crisis is experienced as a unique opportunity to sustainably improve the healthcare system in more independent decentralized information exchange, telemedical revolutions, the use of AI, digitalization and robotics for long-term care of COVID Long Haulers and in an urgently-needed transformation of the healthcare system to avoid ecological and economic catastrophes.

### **Our message to the climate conference in Glasgow**

What we analysed in our conference, that only a "System Change" can solve the pandemic problem plus the climate turns out in those days as solid. Why are you ignoring facts?

Vaccination can never be the only answer to solve the complexity of the situation.

Please see the enclosed attachment: The summary of high level independent scientists.

Please mention anytime if we can provide additional information or aid.

With highest appreciation for your noble gift of care.

### **Julia M. Puaschunder**

The New School

Department of Economics / The New School for Social Research / 6 East 16th Street, 11th floor New York, NY 10003

[Julia.Puaschunder@newschool.edu](mailto:Julia.Puaschunder@newschool.edu)

[www.juliampuaschunder.com](http://www.juliampuaschunder.com)

Columbia University

Graduate School of Arts and Sciences

Julia.Puaschund

[er@columbia.edu](mailto:er@columbia.edu)

<https://blogs.cuit.columbia.edu/jmp2265/>

Head of the conference and on behalf of the CEO

**R.Stefan Tomek**

ECOWELLNESS GROUP

